

## ASPIRE FOOTBALL ACADEMY SCHOOL &F FOOTBALL

IMPROVE YOUR FOOTBALL SKILLS @ BRISBANE CHRISTIAN COLLEGE - PRIMARY CAMPUS

PRICE: \$72 PP (8 WEEK COURSE)
3:15 PM TILL 4:15 PM
BOOK ONLINE: https://bit.ly/2SoFwnM

## WHAT WILL I LEARN?

**WEEK 1 - BALL FAMILIARISATION** 

**WEEK 2 - BALL MOVEMENT** 

**WEEK 3 - BALL CONTROL** 

**WEEK 4 - PASSING** 

**WEEK 5 - RUNNING WITH THE BALL** 

**WEEK 6 - 1V1** 

**WEEK 7 - BALL STRIKING** 

**WEEK 8 - SMALL SIDED GAMES - THEMED** 



## DATES FOR YOUR DIARY - TERM 1

FEB 13TH

FEB 20TH

FEB 27TH

MAR 6TH

**MAR 13** 

MAR 20TH

MAR 27TH

APRIL 3RD





